

\_\_\_\_ Pilgrim  
\_\_\_\_ Team Member

**Coastal Bend Emmaus Community  
Emergency Medical Information**  
*Confidential Information to be shredded after this Walk*

1. Walk Number \_\_\_\_\_ Walk Dates \_\_\_\_\_

2. Name \_\_\_\_\_

3. Emergency Contact Name \_\_\_\_\_

Relationship \_\_\_\_\_ Phone \_\_\_\_\_

4. Primary Care Physician \_\_\_\_\_ Phone \_\_\_\_\_

5. Sponsor's Name (pilgrims only) \_\_\_\_\_ Phone \_\_\_\_\_

Coastal Bend Emmaus strives to offer Walks that are spiritually rewarding while maintaining standard health and safety protocols for a retreat of this kind. To this end, we request information that may be important in the event of a medical emergency.

6. Do you have allergies or severe food sensitivities that could trigger a medical emergency? \_\_\_\_ Yes \_\_\_\_ No

I'm allergic/sensitive to \_\_\_\_\_

7. If you have medications that need to be taken at critical times during the day, please list those and the times you need to be reminded to take them. Walk Team members will make every effort to assist you with timing for these medications.

a) \_\_\_\_\_ Taken at \_\_\_\_\_

b) \_\_\_\_\_ Taken at \_\_\_\_\_

c) \_\_\_\_\_ Taken at \_\_\_\_\_

d) \_\_\_\_\_ Taken at \_\_\_\_\_

**OVER**

8. In the unlikely event you have a medical emergency during this Walk, do you take medications that emergency first responders need to know about, such as blood thinners?

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

9. Do any of your medications need refrigeration? \_\_\_\_\_ Yes, or \_\_\_\_\_ No

10. Do you use any adaptive or medically supportive equipment the Walk team should be aware of, such as hearing aids that require phone amplification, CPAP machines, etc.

\_\_\_\_\_ Yes    \_\_\_\_\_ No

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

10. Do you have any mobility challenges or use adaptive equipment such a cane or walker? \_\_\_\_\_ Yes \_\_\_\_\_ No

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

**Providing complete information on this form will allow Walk leaders to best provide you with a safe, healthy, and complete retreat experience. Coastal Bend Emmaus is blessed to serve you on this Walk. We appreciation your cooperation. De Colores.**